

Risk Assessment Form for Coaches

Sections 1 and 2a (Risk Assessment) must be completed prior to the first session at a venue.

Section 2b (Review and Implement) **must** be completed prior to every session by dating and initialling the relevant box(es).

The Risk Assessment Form should be fully reviewed at regular intervals (eg six monthly).

1a Coach and Riders				
Name of group/activity:				
Date/time of activity:				
Riders:				
Lead coach:				
1b Moving Riders Be	tween Areas			
	uneed to move riders between boxes if you are not completed.		oint and coaching a	rea, or between coaching
Description/location:				
(Use place names where possible, and include any technical sections such as junctions or roundabouts) Approximate				
distance:				
(such as half a mile,				
5mins walk, etc)				
Other potential users:				
(such as horses, tractors, pedestrians, cars, etc)				
Consideration of previous risk assessments:				
Emergency communication:	How will you communicate appropriate people/organisa in an emergency?	With	Phone	

Version: 2014 (01) Page 1 of 5

	If using a mobile telephone, can you get adequate signal on the route?	Yes	No
1c Venue			
Venue name:			
Address/location:			
		<u>-</u>	
		Post	tcode:
Venue contact:	Name:		Telephone:
Obtained and reviewed the venue's:	Health and safety policy:	Yes	No
	Normal operating procedures:	Yes	No
	Emergency operating procedures:	Yes	No
Consideration of previous risk assessments:			
Location of toilets:			
Location of changing rooms:			
Location of nearest telephone and how to dial out:			
4 LE: (A: L			
1d First Aid			
First-aider:	Name:		Telephone:
Location of first aid:			
First-aid kit available*:	Yes No		
* It is the first-aider's respon	nsibility to ensure the first-aid kit is ac	lequate	ly stocked and maintained at all times.
1e Person Conductin	g the Risk Assessment		
Date of risk assessment:	g the Nisk Assessment		
Name:		Tele	phone:

Version: 2014 (01) Page 2 of 5

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Version: 2014 (01) Page 3 of 5

2a	Risk Assessme	nt						2b Review and Implement
ID	Location of hazard	Description of hazard	People at risk (coaches, cyclists, spectators and others)	Level of risk (high, medium or low)	Advice on hazard required?	Resolution/action	Resolution implemented by	Dated reviewed/ implemented
1					☐ Yes x No If yes, who can advise?			
2					☐ Yes x No If yes, who can advise?			
3					☐ Yes x No If yes, who can advise?			
4					☐ Yes x No If yes, who can advise?			
5					☐ Yes x No If yes, who can advise?			

Version: 2014 (01) Page 4 of 5

2a	2a Risk Assessment 2l								
ID	Location of hazard	Description of hazard	People at risk (coaches, cyclists, spectators and others)	Level of risk (high, medium or low)	Advice on hazard required?	Resolution/action	Resolution implemented by	Dated reviewed/ implemented	
6					☐ Yes x No If yes, who can advise?				
7					☐ Yes X No If yes, who can advise?				
8					☐ Yes ☐ No If yes, who can advise?				
9					☐ Yes ☐ No If yes, who can advise?				
10					☐ Yes ☐ No If yes, who can advise?				

Version: 2014 (01) Page 5 of 5